THE ROAD AHEAD

Why do we hold on? (Larry Karol) Based on Psalm 25 and Numbers 9:15-23

I can see where You're going, will you let me follow?
There hasn't been a time when you've led me astray
Can I trust how you tell me not dwell upon the past
To look ahead without regret to make tomorrow a better day
to make tomorrow a better day

CHORUS: Why do we hold on to what we should leave behind? Why do we choose our pain over peace that we could find? Forgiveness can lift a broken soul and ease a worried mind Why do we hold on, hold on,

why do we hold on to what we should leave behind?

There are signs all around us telling us to stay
To rest inside the goodness that guides us on our way
There's a fire that is burning,

There's a fire that is burning, giving light when darkness falls
Can we let go of the familiar so we can answer when You call?

so we can answer when You call -CHORUS

We stand in confusion, not knowing where to turn Point us in the right direction

to live the lessons we have learned To live the lessons we have learned - CHORUS

Eitz Chayim Hi (Larry Karol)

Based on Pirkei Avot 2:7 and Proverbs 3:17-18

More learning, more wisdom, more inspiration, more life more direction, more understanding, more justice, more peace.

We try to comprehend all that we are living for We stand each day outside the threshold of an open door We may feel more secure

to peer inside but not walk through There are treasures that are waiting for us if we do

CHORUS: Eitz chayim hi, it's a tree of life
Eitz chayim hi, it's a tree of life
Hold it fast, walk its paths, it will grow
more justice, more peace

With our minds we can discover almost anything Through our souls, we hear the essence of the song we sing Our words may voice the truths that we have come to know

They could be new or echo meanings spoken long ago - CHORUS

מַרְבֶּה תּוֹרָה, מַרְבֶּה חַיִּים. מַרְבָּה יִשִּׁיבַה, מַרְבָּה חַכְמַה.

Marbeh torah, marbeh chayim, marbeh y'shivah, marbeh chochmah

מַרְבֶּה עֵצָה, מַרְבֶּה תְבּוּנָה. מַרְבֶּה צְדָקָה, מַרְבֶּה שָׁלוֹם.

Marbeh eitzah, marbeh t'vunah,
marbeh tz'dakah, marbeh shalom *CHORUS*More learning, more wisdom, more inspiration, more life
more direction, more understanding,
more justice, more peace

LARRY KAROL

Or Zarua (Larry Karol - based on Psalm 97) Chorus:

אור זֶרֶעַ לַצַּדִּיק וּלְיִשְׁרֵי לֵב שִׁמְחָה:

Or zarua latzadik ul'yishrei leiv simchah (2x) You hear the world rejoicing with sounds of thanks and praise You lead us home to freedom.

Your flame is our hope for all our days *Chorus*Even when the darkness hides you from our sight - with every act of justice,

You will sow, You will sow Your light-*Chorus* Simchu tzadikim badonai v'hodu l'zeicher kodsho

שִּׁמְחוּ צַדִּיקִים בַּיָי וְהוֹדוּ לְזֵכֶר קָדְשׁוּ:

Chorus - Or Zarua latzadik

["Light is sown for the righteous, andgladness/radiance for the upright in heart. "The righteous rejoice in the Eternal one, and give thanks to God's holy name."]

Sheim Tov (Pirkei Avot 2:7 - Music: Larry Karol)

ָקָנָה שֵם טוֹב, קָנָה לְעַצְמוֹ.

Kanah shem tov kanah l'atzmo (2x)

ַקָנָה לוֹ דָבָרֵי תוֹרָה, קַנָה לוֹ חַיֵּי הָעוֹלָם הַבָּא:

Kanah lo divrei torah, kanah lo chayei haolam ba (2x) When you have earned a good name, you have earned it for yourself (on your own). When you have earned knowledge of Torah, you have earned life eternal.

Nishmat Kol Chai (Larry Karol) (Based on a morning prayer)

If our mouths were filled with song as the sea
If our hearts were filled with joy like the waves of the ocean
It wouldn't be enough to praise You
It wouldn't be enough to praise You

CHORUS:

תְּבָרֵךְ אֶת שִׁמְדּ, נִשְׁמַת כָּל חַי

T'vareich et shim'cha nishmat kol chai Let the soul of all that lives bless Your name, Adonai Let Your face shine down upon us like the moon and the sun Above all time and space, You alone are One

If we could only soar like an eagle

If we could run with gentle grace like a deer among the trees It wouldn't be enough to praise You

It wouldn't be enough to praise YouCHORUS

Above all time and space, You alone are One

מְן הָעוֹלָם וְעַד הָעוֹלָם אַתָּה אֵל

Min ha-olam v'ad ha-olam atah Eil

לְדָּ לְבַדְּדָּ אֲנַחְנוּ מוֹדִים.

L'cha l'vad'cha anachnu modim**CHORUS Above all time and space, You alone are One**If our mouths were filled with song as the sea...

(Transcending time and space, You are God;

To You alone we give thanks)

THE ROAD AHEAD

Natatah Simchah (Larry Karol) - Based on Psalm 4

When I see Your light in my eyes When You lead me to the joy in my heart When I feel Your goodness all around me I know, I am not alone, I am not alone **CHORUS:**

Natatah simchah v'libi נָתַהָּה שִּׁמְחָה בִּלְבֵּי בְּקַרְאִׁי עֲנַנֵי | אֱלֹהַי צִדְקֹי

B'kor'i aneini elohay tzid-ki

Choneini u-sh'ma t'filati 'תְּנָנִי וּשָׁמֵע תִּפִּלֶּתְיּי

Natatah simchah v'libi נָתַנָּה שִׂמְחֶה בְּלִבָּי

When we sense the warmth of Your presence When You lay us down in safety and in peace When we find ourselves falling into the depths of our despair You are there to give us release, give us release - CHORUS

When we've abandoned all hope of human kindness Raise us up with strength to face the day When the road ahead is narrow and winding Make wide our way, make wide our way CHORUS

Natatah simchah v'libi נְתַנְּיָה שִׁמְחָה בִּלְבֵּי

[Translation: You gave me/put joy in my heart; when I call on You, answer me, God of my righteousness; be gracious to me and hear my prayer]

*Don't Let Me Fall (Words: Kadya Moldowsky, Kathryn Hellerstein; Music: Larry Karol)

Don't let me fall as a stone falls upon the hard ground Don't let me fall

And don't let my hands become dryas the twigs of a tree when the wind beats down the last leaves

And when the storm raises dust from the earth with anger and howling, don't let me fall...don't let me fall.

I have asked for so much, but as a blade of your grass in a distant wild field

lets drop a seed in the lap of the earth and dies away, Sow in me Your living breath as You sow a seed in the earth. Baruch atah adonai, Rofei chol basar u-maf-li la-a-sot Blessed are You, Adonai, who heals all flesh, working wondrously.

Don't let me fall as a stone falls upon the hard ground. Don't let me fall.

**May We Gain Wisdom (Words: Rabbi Richard Levy, Zechariah 14:9; Music: Larry Karol)

May we gain wisdom in our lives, overflowing like a river with understanding; loved, each of us, for the peace we bring to others. May our deeds exceed our speech, and may we never lift up our hand but to conquer fear and doubt and despair.

ונאַמַר, וָהַיָּה יִיַ לְמֵלֶדְּ עַל כַּל הַאַרְץ בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד, וּשְמוֹ אֶחָד:

CHORUS: V'neemar v'hayah adonai l'melech al kol ha-aretz; bayom hahu yih'yeh adonai echad ush'mo echad. Rise up like the sun, O God, over all humanity. Cause light to go forth over all the lands between the seas. And light up the universe with the joy of wholeness, of freedom, and of peace. - CHORUS

LARRY KAROL

Ray Shalom (Great is peace)

Based on Isaiah 54:13-14 and the morning peace prayer בָּצִדָקָה תִּכּוֹנָנֵי רָחֲקֵי מֵעֹשֵק ֹכִּי־לְא תִילָאִי

Bitz'dakah tikonani rachaki may-oshek ki lo tira-i

וּמִמְחַתָּה כֵּי לְא־תִקְרָב אֵלַיֵדְּ:

Umim-chitah ki lo tikrav ay-la-yich (2x) CHORUS - V'chol bana-yich limuday adonai V'rav shalom, v'rav sh'lom banayich

> וְכָל־בָּנֵיֶדְ לְמוֹדֵי יְהוָה, וְרַב שָׁלִוֹם, וְרַב שִׁלִוֹם בַּנֵיִדְּ:

Can you hear the sound, the sound of justice Driving out the hatred, calling off the warning No need to fear the peace that will surround you (2x) **CHORUS**

שִׁים שָׁלוֹם טוֹבָה וּבָרָכָה, חֵן וָחֱסֵד וַרַחַמִים

Sim shalom tovah u-v'rachah chayn vachesed v'rachamim (2x) CHORUS - V'ray sh'lom banavich

Translation: You shall be established through righteousness/justice You shall be safe from oppression and shall have no fear From ruin, and it shall not come near you. And all your children shall be taught of the Eternal One And great shall be the peace/well-being of your children. Grant peace, goodness, blessing, grace, kindness and compassion.

P'tach Libi (Larry Karol)

Based on the Prayerbook and Psalm 119:105, 109

פַתַח לִבִּי בִּתוֹרָתֵךּ, וּבִמְצִוֹתֵיךּ תִּרְדּוֹף נַפְשִׁי.

P'tach libi b'toratecha u-v'mitzvotecha tirdof nafshi. Your word is a lamp to my feet, a light for my journey Open my mind, my heart to know my life, my soul is in my hand

(Open my heart/mind with Your Torah/Teaching, and may I/my soul pursue Your commandments)

Song of Praise (Larry Karol) - Based on Psalm 34

I have walked into cold winds blowing I have crumbled with my spirits low I have cried when my heart was broken I've seen troubles, more than I care to know CHORUS - Is there love enough for giving? Is there goodness enough to fill our days? When I taste and see that life's worth living I will sing this song of praise.

I have walked on a road to freedom I've heard voices that can hurt or heal I have looked into eyes filled with hatred I have stood in a place where peace was real. CHORUS Even when You're at a distance, I can feel Your presence here I will speak my mind my truth my passion Without hesitation, with nothing to fearCHORUS Keep me warm when the cold wind's blowing Raise me higher when my spirit's low Make me strong where my heart is broken Lead me through troubles, show me where I should go-CHORUS When I taste and see that life's worth living I will sing this song and praise.

*Kathryn Hellerstein, "Don't Let Me Fall," translation of Kadya Molodowsky, "Tfiles"I (Prayers I), originally published in Paper Bridges: Selected Poems of Kadya Molodowsky, edited and translated by Kathryn Hellerstein (Detroit: Wayne State University Press, 1999), 144-145. Adapted for the song lyrics with permission of Kathryn Hellerstein. All Rights Reserved. This reading is excerpted in Mishkan T'filah, Central Conference of American Rabbis, 2007, p 195.

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Acoustic Guitars: Larry Karol and Scott Leader
12 String Guitar: Larry Karol
Piano and Keys: Scott Leader
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Scott Leader, Alan Morris, Jennifer Robinson,
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In remembrance of Jean Marks and Larry Keller

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(Whose guidance has greatly enhanced the two albums I have
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